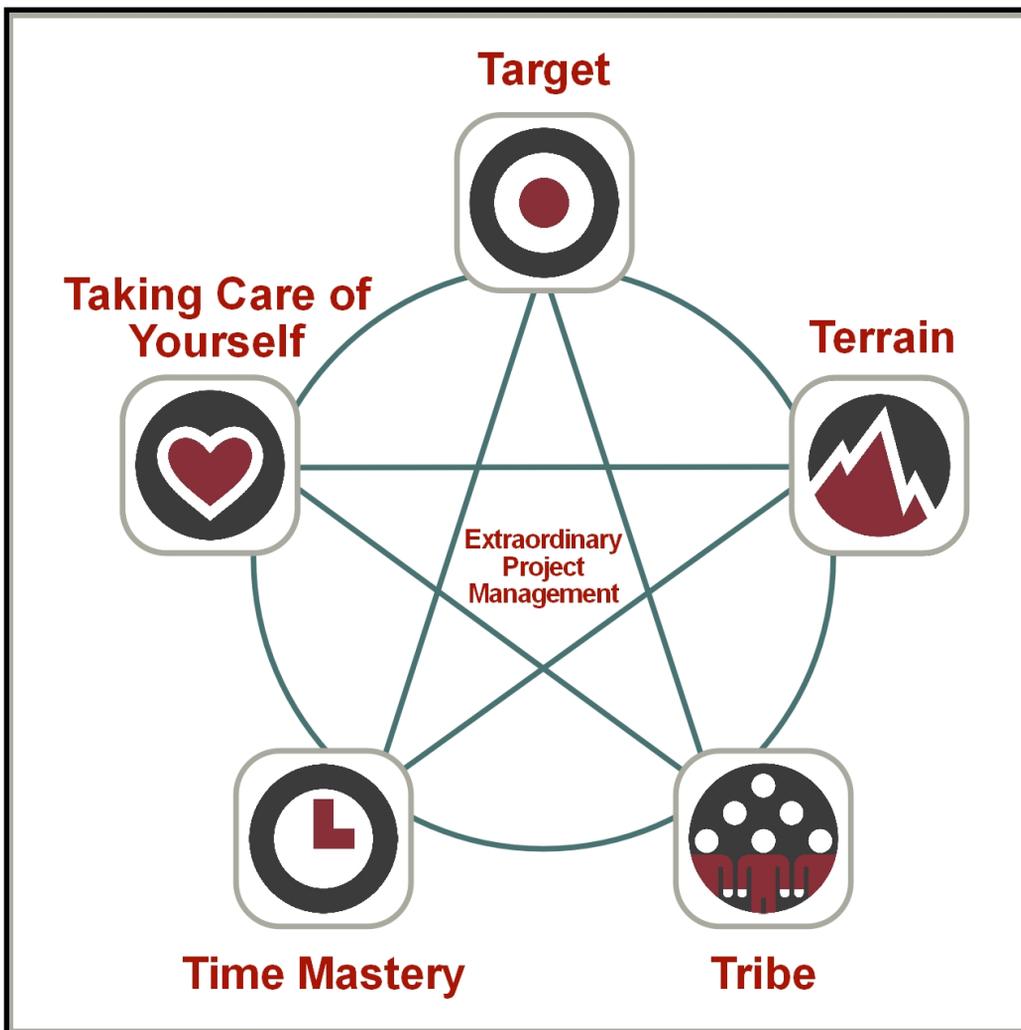


The 5Ts of EPM (Extraordinary Project Management)

Our mission is to put people at the heart of successful project management by sharing our experiences through useful tips and techniques we have picked up along the way – **Marion and Sarah**

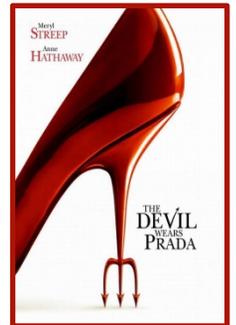


For more information visit our website at
<https://extraordinarypm.com>

Create a metaphor for your empowerment issue



- Think about an empowerment issue you have experienced – either where you want to be more empowered as part of a team or where you have tried to empower your team
- Come up with a metaphor for the situation (*Tip - It may be helpful to describe the situation to another person and ask them to help you come up with a metaphor*)
- Does the metaphor resonate and could be useful to manage a similar situation?
- Share your metaphor on our Linked-In page



<https://www.linkedin.com/company/extraordinarypm/>

Useful Resources

Concepts for you to adapt and apply to Empowerment

Start with Why - Simon Sinek book or watch his TED talk:

https://www.youtube.com/watch?v=u4ZoJKF_VuA

Tribes – We need you to lead us by eth Godin or watch his TED talk 'The Tribes we Lead (18 mins):

https://www.ted.com/talks/seth_godin_on_the_tribes_we_lead

Leadership Lessons from Dancing (2.57 mins)

<https://www.youtube.com/watch?v=fW8amMCVAJQ>

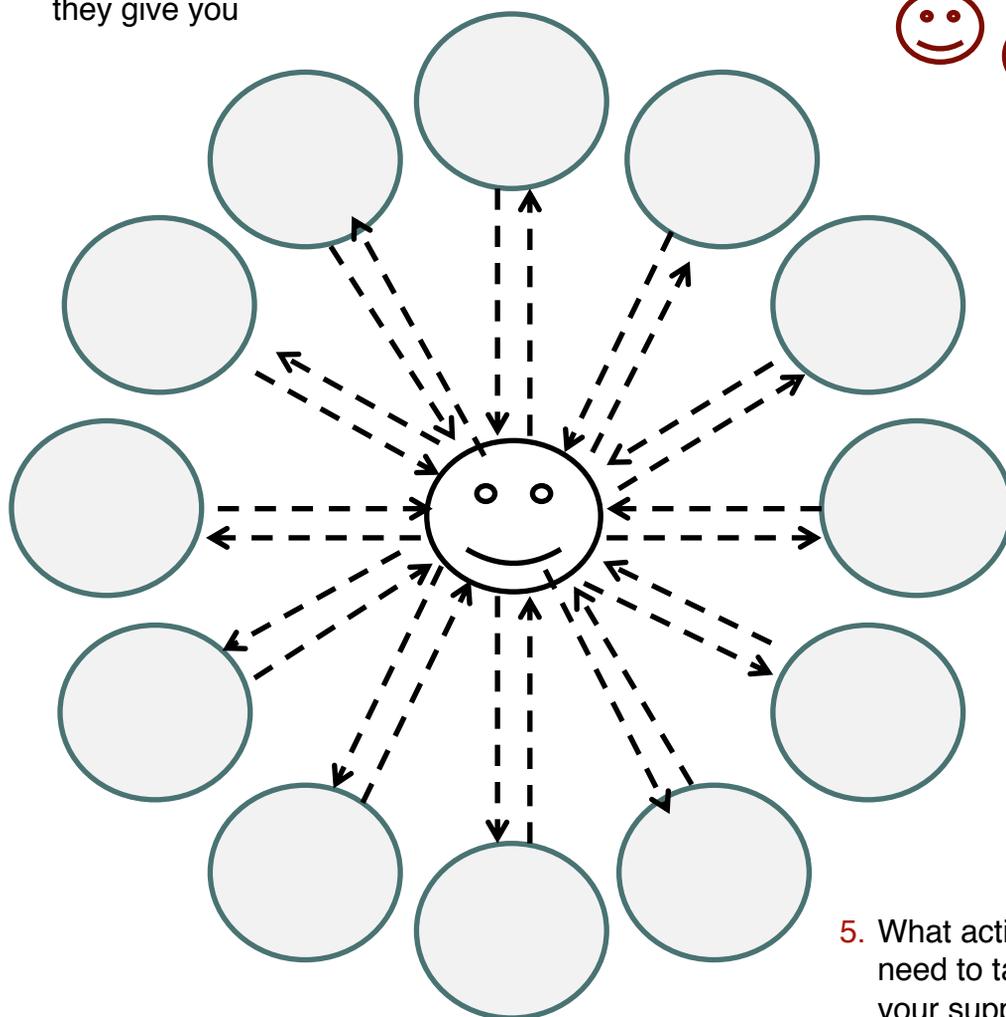
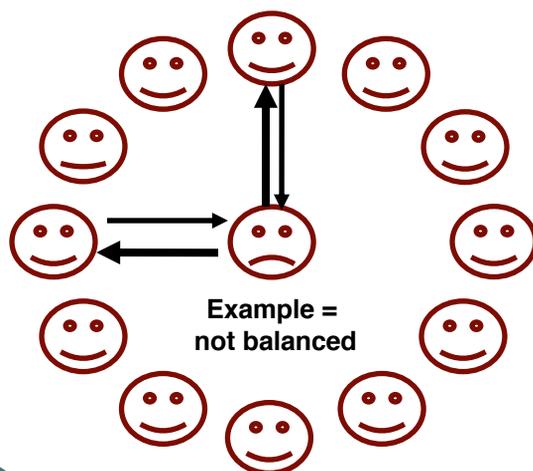
YouTube – fight Mediocrity is a great channel for business books in 15 minutes

Another exercise for you to try out

Is your support network working for you?

1. Think about who **you support** and who **supports you** and write their names in the circles

2. Draw an arrow from you to each person to represent the support you give them. Draw another arrow from them to you to represent the support you receive from them. Use the thickness of the lines to represent how much support each person needs from you and how much support they give you



3. Is your support network in overall balance?

4. Do you have enough support from the right people?

5. What actions (if any) do you need to take in order to balance your support network?

Are you an EPM?

Mastering Extraordinary Projects using the integrated framework of the 5Ts of EPM



EPMs have learnt how to get really clear about the Target they are aiming to achieve so that they can engage and align others to create synergy. Targets are described as outcomes, made tangible, can be written down, viewed from all perspectives and have a 'Big Why' attached to them. EPMs explore the Target, make sure the people in their Tribes really get it, and then keep that Target in their sights constantly whilst they progress through their project work.



EPMs have their Target in mind when choosing priorities, managing Time, building their Tribe, and considering the direction they will take across the Terrain of their project. EPMs plan their work like a runner plans a marathon. They know that they will need different types of support at different stages. They consider where the tough, sticky or uphill stretches will be, where refreshment and rejuvenation will be necessary, the risks they might face, and they have strategies to deal with the expected and unexpected during their project journey. They know what their Target destination looks like and they know how to get their Tribe to that destination.



EPMs have learnt how to build Tribes. They build connection around a shared goal and engage people in delivering what's needed whether it is getting actions completed, risks under control, or delivering the latest widget or innovative piece of technology. EPMs believe in what they are striving to achieve and the difference they are focused on making. They lead and make change happen and their project colleagues are inspired to step up and be more effective too. Their influence as a role model is wider than the team they manage or are part of. Their impact is measurable and is noticed.



EPMs have learnt how to get the best from the precious and limited time available to them and their Tribe. They know how to optimise their productivity, how to focus where their attention has the greatest effect, and how to help those around them do likewise. They can see the bigger picture whilst honing in on the detail in order to help them juggle, balance and prioritise within the time available to reach the Target they are striving to achieve.



EPMs have learnt how to Take Care of Themselves to ensure they are at their best to lead and deliver. Taking Care of Themselves takes many forms ranging from standing firm in their values, moderating levels of stretch and stress, managing their stakeholders and sponsors, ensuring they have the support network they need, balancing work and life, taking care of their personal goals, aspirations and self-fulfilment...especially when the going gets tough.

Want to know more?

Visit our website at www.extraordinarypm.com, or book a discovery call by emailing us at info@extraordinarypm.com

