

APM Board Meeting Summary

29 Sept 2025

Please note this is a summary for publication purposes and not the formal Board minutes.

- Success stories were noted, including recent and a new volunteer onboarding process. Sheilina Somani was standing down from the Board at the forthcoming AGM and was warmly thanked for her service and insightful contributions.
- Minutes from the previous meeting were noted and approved. Updates on previous actions were noted.
- The Board noted and reviewed the business performance report; this included financial metrics as well as performance against KPIs. Expenditure plans were being reviewed to align more closely with revised budget forecasts.
- Trustees noted a strategy and business planning update. Further discussion on the medium-term plans and strategy would be scheduled.
- The Board noted the Chief Executive's report. This set out key successes, issues, activities and risks from across the business.
- The Risk Management report was noted; this set out updates to the corporate risk register and emerging risks.
- A possible investment opportunity was reviewed. Further financial due diligence would be undertaken in advance of a final decision.
- Trustees noted the next steps planned for a pilot to better support and source advocates for APM. This would work alongside existing marketing and communication channels.
- On governance matters, the trustee elections and a briefing on APM advisory groups were noted. The business for the forthcoming AGM was approved and the final action plan from the external board evaluation was received. Trustees agreed to progress the appointment of a further trustee.
- Updated investment and cash policies were approved.
- Minutes and reports from committee chairs and champions were noted. The champion for investment gave an update.
- A review of the meeting was held and the date of the next meeting noted.

Appendix 1 – Board Meeting Attendance Record 2025

NAME	PRESENT	OUT OF
Carolyn Brown	5	5
David Cox	5	5
Bel French	5	5
Marta Marjan	5	5
Lisa Martello	4	5
Milla Mazilu	3	3
Amy Morley	5	5
Michelle Richmond	5	5
Duncan Ross Russell	5	5
Sue Simmonite	4	5
Sheilina Somani	5	5
Jenny Storry	4	5
Ian Williams	4	4
James White	5	5