

**APM South Wales and West of England Branch**  
**Supporting statement from nomination process of the elected committee members 2021/2022**

|           | What motivated you to put yourself forward for election to the Branch committee? (maximum 150 words)  | What qualities, skills and experience do you think you'll bring to the Branch committee? (maximum 150 words)   | If you volunteered last year with the APM what was your best achievement/highlight?  |
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| Jan Adams | <p>Throughout my career I have seized every opportunity to learn from others and gain a new perspective on the profession. I have done so by working in various industries (government, space, defence and intelligence), working with different departments (marketing and events) and engaging with the profession outside my organisation. I want to enable opportunities for others in the profession and contribute positively towards others' professional development. I have had experience organising events through the APM Project Challenge in which our events raised £4k for a non-profit organisation. Working with a marketing team, I have found a joy in encouraging people in varied formats to attend events, enthuse people and start conversations. My long term career goals see me within the training and mentoring space to support the profession as I enjoyed supporting early careers in my previous organisation.</p> | <p>Outside of my primary Project Manager role, I am supporting my organisation's PMO to create sustainable risk management processes. Previously, I worked within the Space industry to implement a project management process satisfying stakeholders and sharing best practice. I continue to maintain a focus for continuous improvement. Presently, I am a High Performing Culture Champion improving the softer side of a hard day's work to increase motivation and productivity. As a previous PM/SM for two Agile innovation centres, I am able to foster collaboration between different teams contributing towards members' development. I did so by empowering and coordinating the department in knowledge sharing activities. Several years ago, after participating in the APM Project Challenge, I became a committee member of the Scotland Branch. My mentor was impressed by my drive to succeed and organisation skills and I used these skills to support the next challenge as a Branch Member.</p> | <p>I was a committee member previously with the Scotland Branch. I was invited to join after my participation in the APM Project Challenge with recommendation from the project mentor. During my time I was a judge for the Young Project Manager of the Year Awards. Within the year, I was invited to be Glasgow lead but had to leave due to work opportunity abroad. I remotely supported the branch for the remainder of the year.</p> |

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| Martyn Box   | <p>As I am less than a year into my Project Management career, I believe I will bring a 'fresh set of eyes' to the branch committee. My motivation to join the committee is to not only enhance my network but also be a voice for new project professionals across the region. I would also like to play my part in ensuring the South West Project Professionals are on the map, utilising the branch to aid local companies and projects where possible, with an eye to capturing the requirements of our younger project professionals. Ever since I joined the APM I have been interesting in playing my part in the development of the association and making a difference and this seems like a great first step.</p> | <p>Before starting my position as a Project Management Graduate, for over 7 years I held various management roles in retail and fast food. These roles gave me valuable transferrable skills which I believe would be beneficial to a committee member. I am open, approachable and I have a good people skills. Working in a team makes up 90% of all of my previous roles, a necessary skill for being a committee member. Also, I am currently early in my APM journey, having recently passed the PFQ and looking to complete the PMQ in early 2022, I'm certain that my fresh approach will bring something different to the committee.</p> |  |
| Freya Corner | <p>As a young professional and someone who has recently taken the APM PMQ exam, I feel I am able to represent members' interests. I am very keen to help ensure high quality events are provided and ensure they are accessible for all. As a dyslexic and dyspraxic person I also know the importance of adapting events to ensure those with disabilities are able to get the same enjoyment and engage in events as much as possible.</p>   | <p>I have experience as a committee member at my university - President of the Photography Society and student council member for my three years of studying. Being able to represent others is an important skill and often requires putting your own preferences to one side - I will be able to do this if elected as a committee member. I have a good understanding of the different products and services currently offered by the APM. I am highly organised and a confident public speaker. I pride myself in being a great active listener too.</p>   |  |

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| Christopher<br>Davies | I started my project management journey around two years ago and this has seen me gain a number of qualifications as well as a role with Public Health and Somerset Council Council as a Project, Change and Improvement Officer. Supporting the Branch will help me develop additional skills and knowledge alongside supporting people that like me have just begun their journey. | The fact that I've started my journey allows me to support those people starting out and talk to them about my own experiences.   |  |
| Conor<br>Donnellan    | I have recently completed my APM PMQ and also become a full member of APM. I also volunteer for the APM by giving presentations on my experience to University students who are studying to become part of the profession. I wish to help shape the next generation of project managers to keep the high standards the industry requires.  | I am a young project manager gaining experience in project management within the IT industry and the energy sector. I want to help develop, mentor and coach others to work to the same high standards I set myself in the profession. I work for a large global IT company which opens up a network of project professionals to the APM. I am part of a professional council for my company being a conduit between staff and senior leadership, which has enabled me to develop communications skills effectively of all levels of an organisation. |  |
| ADEMOLA<br>FAYOYIN    | I am motivated to put myself forward to become a committee member to be able to learn from industry professionals and mentors, also to develop my leadership skills and to gain adequate experience useful for my career after my studies.   | Good communication skills Leadership skill Interpersonal skills Negotiation skills  |  |

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| Martin Gosden | I have volunteered with the SWWE Branch for 20 years, and have been committed to promoting the profession across the South West Region.  | I have been Chair for 16 years and co-chair for 1 year. I have the skills and experience to successfully lead a team of volunteers in delivering a wide range of services for our local Branch Members.   | Helping steer the committee to deliver through Covid: Maintaining a strong webinar programme, conducting a successful PM Challenge Competition, holding a successful virtual PM Conference in October and Branch Corporate Advisory Group meetings. |
| Julian Harris | Assisting in the development of members' skills and providing a focus for any queries, issues etc. into and out of the Committee. Seeking to highlight the benefits of robust Project Management to a wider audience   | I have considerable experience of Project Management in a highly regulated area of industry. In addition, I have also been actively involved in the Branch (and SIGs) for several years as a Committee member.  | Reacting positively to the challenges that the COVID pandemic presented in interacting with members.  |
| Nina Hartley  | As an APM Chartered Project Professional I can see the value APM provides in helping to raise the profile of our profession and the value it provides our members through networking and CPD opportunities. I feel the best way to ensure the future of our Professional Body and the network it supports is by actively being involved in the branch committee in the area where I live and work. | Over the past 20 years I have managed projects in various disciplines; including IT, Construction, Process Change and Science. I therefore bring a range of practical experience and best practice knowledge to the committee and its members. My experience includes managing international programmes, spanning multiple continents, which has made me aware of how much culture and diversity can contribute to project delivery and maximising programme benefits. I've also held the position of Head of Portfolio Office, so I bring a wealth of lessons in setting, delivering and assuring Programme and Project Management standards. My Project and Programme Management leadership skills have enabled me to achieve APM Chartered Project Professional. I will use these lessons and learning to help Corporations and Members advance their best practice knowledge and its application, through Committee lead initiatives. | I hosted the web-based networking events for the South Wales and West of England branch members to share lessons and network during the pandemic and isolating.   |

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| Paul Johnson | My love for the profession. As a recently qualified Fellow and long-standing member of the committee, i feel i have a lot to offer to our members and i am really looking forward to being able to interact with them in person again in the back half of 2021 through to 2022! | 20 years of PM experience (ChPP and Fellow). Passion, commitment, drive and organisational skills. Support to all levels - from Newcomers through to Fellow, providing support and mentoring to those who have aspirations to be Members, ChPP and beyond!   | Continuing to support our members despite the challenges of CV19, culminating in a very successful virtual finals night for our PM Challenge!  |
| Mike Kimmins | To continue to support the local branch using as many of my skills and experience that enable me to actively participate. To continue the involvement I have had with that branch for many years.   | Being an analytical person I work with companies where I devise revolutionary and evolutionary solutions. This enables me to assist the committee in providing the best solutions for APM members. The companies I work for have an innovative approach to Project and Contract Management, this enables me to suggest new events that will be of interest to Project Managers in the future. I am designated as a Registered Project Manager (RPP), a TOGAF Enterprise Architect, member of the IPMA SIG on Automotive Project Management and member of World Commerce and Contracting organisation. As an international project manager I am able to provide inputs to how other countries are using Project Management. I also train and assess project managers within the APM framework at all levels of their experience. I can provide an input of what are the recent and embryonic approaches that APM is applying in training. | Attempting to put together a series of presentations on the progress of one of the major projects in the local area. Bringing to light a number of problems that exist in APM with regard to international acceptance of their qualifications. |

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| <p>Dorothy Laidler</p> | <p>Since starting my journey into project management this year, the support I have received since joining the APM has made a tremendous difference to my learning and passion for my career. Whilst studying for my Diploma in Project Management, I have fully embraced the plethora of different resources my student membership has to offer. As my knowledge is developing, I now have a desire to be more actively involved in what my branch offers regarding activities, discussions, and development. What has motivated me to put myself forward to be a committee member is I currently feel the student voice is underrepresented within my local branch's committee. I want this to change and have more diverse activities delivered that appeal to everyone, not just APM members with years of experience. Also, having lived in South Wales all my life I want to be able to offer support to my local area.</p> | <p>What I will bring to my branch's committee is my continuously developing knowledge of project management, matched with a student's perspective on committee matters. My previous experience is in third sector event management and currently I work in the public sector for a telecoms company. I feel my previous experience managing events in the third sector will help the committee when planning any events or charity involvements. I am also highly IT literate, meaning I could support the committee with activities that included any technical elements with ease. I am an enthusiastic individual who, if given the opportunity to be on my local committee, would wholeheartedly get involved with all elements of the committee, as I have no other out of work responsibilities taking up my time. I think my fresh outlook and opinions would make the committee appeal to a range of APM members, improving engagement and networking opportunities.</p> | <p>I have sadly not had the opportunity to volunteer for the APM yet, as I only gained my membership this year.</p> |
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| <p>Gary Mainwaring</p> | <p>I've been fortunate to be a member of the Branch Committee for eight years and would like to continue to do so for the coming year. At a personal level, I enjoy contributing towards the camaraderie and team work required to plan and host events for the benefit of our members. At a Branch level, I believe that our operating model, based on a stable core team with regular influx of new members as circumstances require, provides our SWWE members with a first class service for their APM membership fees. We obviously face challenges in the future to maintain this level of service given social distancing and increasing reliance on remote means to share information. I'd welcome the opportunity to work with Branch Committee members over the coming year to develop and deliver innovative CPD and career developing opportunities for our individual, corporate, student and HEI members.</p> | <p>Over the last eight years I've represented, along with Allan Reid, the Wales region of the SWWE Branch – developing ties with HEIs, corporate members and the Welsh Assembly in order to deliver events within the region. I've also been Branch Treasurer for the past four years, maintaining finances and developing yearly Business Plans with the Martin Gosden, the Branch Chairman. I very rarely miss attending the monthly Committee Meetings and (prior to the impact of COVI-19) evening events, and use my 30+ years' project management experience and RPP / ChPP recognition to help further member's project management knowledge and competencies. In summary, I believe that I can provide the required commitment, and have sufficient project management experience and competencies to help ensure that the Branch continues to be a valuable asset to the APM in the coming year.</p> | <p>To be honest, it has been very flat over the last year due to the impact of COVID-19. The highlight for me was meeting every month via Microsoft Teams with the Branch Committee members to plan future events and work through the agenda covering individuals' responsibilities and APM / Branch initiatives. It was good to see that we are all still committed to supporting the Branch's vision to "inform, motivate and inspire our project professionals to be the best they can be through a high quality programme of Continuous Professional Development events".</p> |
| <p>Claire Mills</p>    | <p>I've been the Branch Secretary for a number of years which is a role I enjoy as it gives me the opportunity to support the APM. I am a Risk Manager rather than PM so it enables me to bring a different perspective to the Committee, rather than a focus on PM</p>   | <p>Although my speciality is risk management, I am also a Project Controls SQEP. I have worked in a number of different sectors including Defence, Aerospace, Nuclear, Highways and Pharmaceutical and have lived and worked internationally. I also gained my ChPP through Route 3 in Dec 20. My experience has been on multi billion £ complex</p>  | <p>Being able to continue with the Branch events through webinars. Continuation of monthly Committee meetings</p>  |

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|                |   | programmes. I have worked in the Bristol area for the last 20 years so have extensive connections in the area  |  |
| Bruce Phillips | I am very keen to continue the work I have been doing for the Branch over the last number of years. The South West has a great membership and contribution and has consistently delivered excellent events and outputs which I have managed to help to create. I want to continue this in the forthcoming year and I also want to help provide new insights and thoughts to our membership based upon my wide and deep experience in project management. The PM Challenge has now excelled and the student of the year award is taking off this year. There are also many other activities that I contribute to that will need my input and support. Fundamentally, I have great belief and commitment to the project profession and I want to see this mature in our region for the benefit of everyone. | I have lots of experience working in projects and programmes over several domains including Defence, Infrastructure and information technology. I have worked as a project manager, programme manager, PMO manager and benefits manager over many years so have lots of knowledge and experience that I can feed back in to the APM network. Importantly, I also have excellent interpersonal skills which are essential to bring others in to new project scenarios with APM. My ability to influence, communicate and negotiate where necessary are perhaps my strongest qualities. I have managed the APM SWWE PM Challenge for the last 7 years, I have supported all Newcomer events and I continue to develop a network of HEIs in our region with a range of prominent Universities. Fundamentally, I have lots of experience which I can plough back in to the APM network for the benefit of our existing and future wide membership. | Delivery of our 7th (in a row) PM Challenge competition. |



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| Gareth Pugsley | To help connect and build hub of pm and trainee and share experience   | Degree and masters in pm as well as finishing my first year on my doctorate studies into risk in project management   |   |
| Ubaid Rafiq    | I am currently a student of project management at Teesside university, my background is in geology. After joining APM I always reads articles about volunteers on APM website which motivates me to join as a volunteer. As I am new in Project management field so I want to enhance my knowledge and skills, and want to learn and get some experience.  | As I am new to project management so I don't have any experience related to project management but I will relate my geology knowledge and experience with project management  |   |
| Allan Reid     | My background was in Mechanical Engineering prior to entering the world of Project Management in the early 1970's. I am an experienced Project/Programme Manager with a long and successful career spanning some thirty five years working in some of the largest Defence companies in the UK, My experience, knowledge and motivation I believe will continue to benefit the SW&WE Branch committee and the wider Branch membership in future when face to face Branch events are able to re-commence after the current Pandemic. . . . | My Roles within the Defence community over many years have covered the entire spectrum of Programme/Project/Product/Portfolio and Business Management. I'm personally motivated to remain at the forefront of the Project Management Profession by continuing to promote and apply where necessary modern standards and techniques supported by many years of practical hands-on experience. Since retiring in 2010 I continue to work as an active member of the current committee and commit to being a STEM and Bloodhound SSC/LSR Ambassador lecturing in Schools, Colleges and Business organisations in the region sharing my specific engineering and project management knowledge with a wider audience. In recent years have been a visiting lecturer at a local University as part of their PM Masters programme. Within the committee I am the Co Chair of the | 2020/2021 has been a difficult year for all with no face to face events taking place, Virtual committee meetings have been attended monthly and liaison with outside Branch organisations continue to be addressed.. However I continue to be part of the Judging Panel for the successful PM Challenge competition which for some periods has been intense with relatively short response times required for team assessments and reports. One of my other roles within the competition has been to design, generate and produce all the Award Certificates for the Teams and their individual participants. |

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|                 |  | <p>South Chapter and a judge on the Assessment Panel for the Branches PM Challenge Competition each year.</p>  |  |
| <p>Ana Ruiz</p> | <p>Since I became an accredited PM and joined the APM, I have always enjoyed the events that the branch put together. After one year without them, I have realised how important this is for our development, so I would like to be involved to support others and my own development.</p> | <p>I am a PM by heart, I am very organised and work to deliver what I say I will do. I am always the person in the team to bring every body together to unify criteria and have a template that we are works so there is a standard for each of our very diverse tasks. I have been putting Community of Practices at each role that I have held in my career.</p> |  |

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| Gareth Slocombe | Since my first role as a Graduate APM with Transport for London I have looked to develop my personal skills through engaging and developing each other. This has led to building some strong relationships with other professionals that have been invaluable to my own personal development. I would like to continue that journey, as I strongly believe that volunteering allows for all parties to develop and gain improved life skills.  | I have previous experience of mentoring Graduate, Apprentices and Assistant PM's at Transport for London and Transport for Wales. I was part of the group that introduced the APM Forum at TfL and created APM handbook for new entrants to the organisation. I am able to communicate with others and advocate for open, honest discussion with a significant focus on feedback loops for all parties to harness development and lessons learned.                               |  |
| Jerome Trefalt  | I have been working as a project manager for over 10 years, and have benefited from training and literatures from APM. Now, I would like to share my knowledge and contribute positively to the growth of the profession and APM, as well as help organising events, learn more about the organisation and improve my professional network. I have also been a volunteer last year, which was very challenging with organising events, and as lockdown measure eases, I would hope to organise face to face events with the APM. | I have experience working internationally with diversified and multi-cultural teams having managed projects for global clients and working with virtual teams based around the world. Having worked with different departments, I have increased my knowledge in various areas of the business from sales, finance, engineering, commercial, as well as team spirit while working with different departments in a matrix environment and with colleagues based around the world. | Part of the judging panel for the APM Branch Award 2021. |

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| <p>Peter Wakeling</p> | <p>I have been an active SWWE Branch committee member for many years including as Treasurer and keen to continue in my current role responsible for corporate liaison. Engagement with our Partners and Affiliates brings many benefits and has significantly raised the profile of Project Management in our region.</p> | <p>Qualified as a Chartered Engineer, I broadened my career into project management at the time the APM was formed since when I have successfully managed complex multi-national programmes using cutting edge technology for UK MoD and NATO and run my own management consultancy business. Awarded RPP and APM Fellow. I have been a strident advocate for empowerment of professional project managers to deliver successful projects, not only meeting but exceeding expectations through leadership and innovative thinking. Having also been an RPP Assessor and member of the former Branch Steering Group, I have been engaged with APM over many years. I recognise we are in a period of profound change in the profession which brings real challenges but also opportunities. I hope to assist the SWWE Branch to support our individual members and Corporate Partners and Affiliates to meet these challenges through education, career development, and sharing experience.</p> | <p>Working with our corporate Partners I was able to organise a successful major Southwest APM Conference . As a direct result the Southwest APM Conference has become established as an annual prestige event raising the profile of project management, showcasing the capabilities and opportunities in our region, and exploring innovative thinking to harness new digital tools and project delivery models.</p> |
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